Mandated Services

Physical Examinations

At a glance: Kdg/1 6th grade 11th grade

The Pennsylvania School Health Law mandates that a physical examination be completed for original entry into school (either Kindergarten or first grade), in sixth grade, eleventh grade and for special ungraded classes. This physical examination may be done by the student's private physician or by the school physician. A private physical exam is acceptable if done one year prior to or one year after the required school year. **Private physical forms are available in the nurse's office or you may print one under the FORMS tab**. Also, any junior who has an athletic physical done during the current school year will not be required to have another exam. Information letters and permission forms are sent home prior to the school physician's scheduled visit. Saltsburg Middle/High School's physician is Dr. Ken Gibson.

Dental Examinations

At a glance: Kdg/1 3rd grade 7th grade

Mandated dental examinations are required for original entry into school (either Kindergarten or first grade), in third grade, seventh grade and for special ungraded classes. This dental examination may be done by the student's private dentist or by the school dentist. **Private dental forms are available in the nurse's office or you may print one under the FORMS tab**. Information letters and permission forms are sent home prior to the school dentist's scheduled visit. Dr. Bruce Highberger is the dentist for Saltsburg Middle/High School.

Health Screenings

At a glance: Height, weight, BMI, vision yearly for all students
Scoliosis 6th and 7th grades
Hearing Kdg, 1st, 2nd, 3rd, 7th, 11th grades

In addition to the mandated physical and dental exams, the school health law also requires height and weight measurements each year, vision screenings each year, hearing screenings in Kindergarten, first, second, third, seventh and eleventh grades and scoliosis screening in sixth and seventh grades. Due to the national childhood obesity epidemic, revised school health screening procedures now require school nurses to calculate the BMI (Body Mass Index) for each student every year and then notify parents via mail of the results. BMI is a "weight for stature" index that can be used to determine whether a student is within a normal growth pattern, overweight, or at risk for being either overweight or underweight. **Additional information on BMI and childhood obesity may be found under the RELATED LINKS tab.**