

Athletic Physicals

PIAA (Pennsylvania Interscholastic Athletic Association) rules state that a student is not eligible to participate in any high school sport unless he/she has a **Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE)** performed by an authorized medical examiner. **Sections 1, 2, and 3** of the CIPPE must be completed fully and signed by a parent/guardian, and then returned to the school nurse. **Section 4** is completed by an authorized medical examiner. SMHS provides for an authorized medical examiner to perform the athletic physical or a student may go to their own private practitioner. SMHS's authorized medical examiner is provided by Excela Health. The CIPPE cannot be performed before June 1st and remains effective, regardless of when performed during the school year, until the next May 31st.

For subsequent sport seasons of the same school year, a **Re-Certification, Section 5**, signed by a parent/guardian is all that is necessary for students who had the initial physical evaluation for a previous sports season. A complete reexamination is mandatory for any injury or illness that necessitated absence from practices, games, or school for more than one week.

All sections of the PIAA athletic physical form are available in the nurse's office or you may print any under the FORMS tab.

More complete information about the PIAA and the guidelines for interscholastic sport participation are available online at:

www.piaa.org